



Good Food Policy Document

1. Introduction

Manipal University Jaipur is committed to promoting the availability and consumption of "Good Food" within our university community. This policy document outlines our dedication to providing nutritious, sustainable, and ethically sourced food options on campus, aligning with our mission to foster health and well-being while supporting ethical and environmentally responsible food practices.

2. Objectives

The primary objectives of the Good Food Policy are as follows:

a. Nutritional Excellence:

To offer food choices that prioritize health, well-being, and balanced nutrition for students, faculty, and staff.

b. Sustainability:

To embrace environmentally sustainable practices in food sourcing, preparation, and waste management.

c. Ethical Sourcing:

To procure food products that adhere to ethical and fair-trade principles, ensuring the welfare of producers and workers.

d. Inclusivity:

To cater to a wide range of dietary preferences and restrictions, including vegetarian, vegan, gluten-free, and allergen-free options.

e. Education:

To raise awareness about the benefits of Good Food and encourage informed food choices among our university community.





3. Good Food Principles

Our commitment to Good Food is guided by the following principles:

a. Nutritional Excellence:

Menus shall prioritize fresh, whole, and minimally processed ingredients to support health and well-being.

b. Sustainability:

We shall actively reduce our environmental footprint by sourcing locally when possible, minimizing food waste, and adopting eco-friendly practices.

c. Ethical Sourcing:

We are dedicated to sourcing food products that adhere to fair trade, ethical, and humane production standards.

d. Inclusivity:

A wide range of dietary options, including plant-based and allergen-free choices, shall be available to meet the diverse preferences and dietary needs of our community.

e. Education:

Educational programs, workshops, and awareness campaigns shall be conducted to inform the university community about the benefits of Good Food and sustainable eating habits.

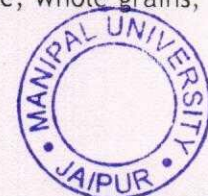
4. Campus Dining Facilities

Manipal University Jaipur shall ensure that all dining facilities on campus adhere to the Good Food principles by:

a. Menu Diversity:

Offering a diverse range of food options, including fresh produce, whole grains, lean proteins, and plant-based choices.

b. Sustainable Practices:





Adopting sustainable practices such as reducing single-use plastics, sourcing locally and seasonally, and minimizing food waste.

c. Ethical Procurement:

Procuring food products from suppliers who adhere to ethical and fair-trade practices.

d. Allergen Awareness:

Providing clear labeling of allergens and accommodating dietary restrictions to ensure inclusivity.

e. Food Quality:

Regulating no or low level of pesticides, no exposure to manufactured herbicides or artificial fertilisers.

5. Campus Initiatives

Manipal University Jaipur shall actively support initiatives related to Good Food, such as on-campus gardens, farmer's markets, and partnerships with local food producers.

6. Mess Committee

The university shall establish a Mess Committee composed of representatives from students, faculty, staff, and food service providers. This committee will be responsible for:

a. Assessing Progress:

Regularly assessing the implementation of Good Food principles on campus.

b. Feedback and Improvement:

Gathering feedback from the university community and implementing improvements based on this feedback.

c. Educational Programs:

Developing and promoting educational programs related to Good Food.





7. Regular Assessment and Reporting

Manipal University Jaipur shall conduct regular assessments to monitor the progress of the Good Food Policy. These assessments will include:

a. Data Collection:

Gathering data on food sourcing, waste management, and nutritional quality.

b. Feedback Analysis:

Analyzing feedback from students, faculty, and staff.

c. Effective Date and Policy Review:

Good Food Policy of Manipal University Jaipur shall be effective from 21st March, 2020.

Annual review of the policy to adapt to changing needs and assess the effectiveness of Good Food initiatives.

8. Conclusion

Manipal University Jaipur is dedicated to creating an environment where Good Food is accessible, sustainable, and promotes the well-being of our community members. This policy document serves as a comprehensive framework for our ongoing efforts to provide nutritious, sustainable, and ethically sourced food options on campus.

Number	Year	Major Revision
Version 3.0	2022	Inclusion of Post COVID 19 Health measures
Version 2.0	2021	COVID 19 Regulations
Version 1.0	2020	Initial policy

Approval

